

Hand Washing Process

STANDARD PRECAUTIONS

1. Use a clean paper towel to turn on water. 📷
2. Use warm water.
3. Wet your hands with fingers pointed down.
4. Apply soap to hands.
5. Lather well, keeping fingers pointed down.
6. Rub hands together in circular motion to create friction. 📷
7. Scrub fingernails on opposite palm. 📷
8. Wash for 20 seconds.
9. Rinse off soap with fingers pointed down. 📷
10. Do not touch the bowl of the sink with your hands.
11. Dry hands thoroughly. 📷
12. Use a clean paper towel to turn off water.



Note:

- Upon arrival to a shift with a client wash your hands thoroughly.
- Gloves should be worn whenever you have an open area on your hands or fingers. This includes rashes, dry skin and chapped hands.