



You don't have to leave home for world-class care.

At Home Instead® of Jefferson & Oldham Counties, we provide personalized, in-home senior care. With incredibly flexible scheduling and low weekly minimums based on each situation, we make it easy to get the right amount of support. Whether it's a few hours a week or around-the-clock care, we'll design a plan that fits every lifestyle.



home instead.

(502) 963-3778

| www.homeinstead.com/269

Each Home Instead® office is an independently owned and operated franchise of Home Instead, Inc., an Honor company. © 2024 Home Instead, Inc.



Personalized Care in the Comfort of Home

At Home Instead, we provide personalized, in-home care that helps aging adults to live safely and independently in the comfort of home. If you have a heart for helping others, join our team! We're hiring Care Professionals who want to make a real difference in the lives of aging adults while enjoying flexible schedules, paid professional training, and a supportive work environment.

WHY CHOOSE HOME INSTEAD?

20+ YEARS OF QUALITY CARE

For over two decades, we have supported individuals and families in Jefferson & Oldham Counties with reliable, compassionate care. We provide customized care for every client's unique needs.

NEED SUPPORT? SET UP A FREE CONSULTATION!



Locally Based, Trained Caregivers



Bathing, Dressing & Mobility



Fast Start of Care



24/7 Support



Meal Preparation



Transportation



Memory Care



Exercise Reminders



And more!



Connect With Us or Apply Online!
(502) 963-3778
www.homeinstead.com/269



What We Can Do

Alzheimer's Care • Respite Care • Overnights • End of Life Care & Support • 24-Hour Care • Care In Facilities

COMPANIONSHIP SERVICES

- Help alleviate stress, anxiety, loneliness
- Stimulate mental awareness
- Coordinate & remind about appointments
- Maintain personal calendar
- Record family history, organize photos/scrapbook
- Aid with reading (read aloud)
- Play games & cards
- Assist with hobbies & crafts
- Conversation: reminisce, discuss current & historical events
- Rent/play movies, DVDs, monitor TV usage
- Read religious materials & spiritual support
- Encourage walking, exercise or outings, fitness classes
- Escort for shopping/errands (post office, grocery store, library, etc.)
- Escort to: church, restaurants, sporting events, plays, club meetings, weddings, funerals, concerts, etc.
- Report observed changes in mental or physical abilities
- Answer telephone & door, receive deliveries
- Report suspicious phone calls or visitors
- Escort to visits at hospital or nursing facilities
- Plan special events, visits, day trips, sightseeing
- Accompany to doctor's appointments
- Shopping for clothing and personal care items

PERSONAL SERVICES

- Morning & nighttime routines
- Clothing selection & dressing
- Brushing teeth/dentures & shaving
- File nails/apply nail polish
- Medication reminders
- Bathing, showers, bed baths
- Incontinence (depends, catheter bag, bedpan)
- Mobility & stability
- Eating, drinking & hydration
- Brushing, styling & setting hair
- Support hose & braces
- Non-sterile wound care & bandages
- Hearing aids & batteries
- Maintenance of eyeglasses & contacts
- Fill pill boxes or touch pills*

*Inquire about nurse to fill pillboxes for an additional charge.

HOME HELPER SERVICES

- Laundry, ironing & mending
- Trash & recycling
- Make bed & change linens
- Dusting, vacuuming, mopping
- Clean bathroom & kitchen surfaces
- Load/unload dishwasher
- Light yard work & gardening
- Pet care, dog walking
- Fill bird feeders
- Test/maintain smoke & CO detectors
- Help with holiday decorations, gifts, cards
- Remove clutter
- Monitor & report home safety issues/recommend improvements
- Organize & clean out closets
- Remove snow and ice from walkways
- Replace light bulbs

Meal Planning & Preparation

- Help plan meals & prepare grocery lists
- Grocery shopping
- Clean/organize refrigerator & pantry
- Dispose of spoiled/outdated foods
- Prepare meals & future meals
- Encourage compliance with special diets
- Record & arrange recipes

Transportation & Errands

- Call in and pick up prescriptions
- Drop off and pick up dry cleaning
- Purchase gifts and cards
- Go to the post office, mail packages
- Go to the cemetery, place flowers
- Help with travel preparations & airport transportation

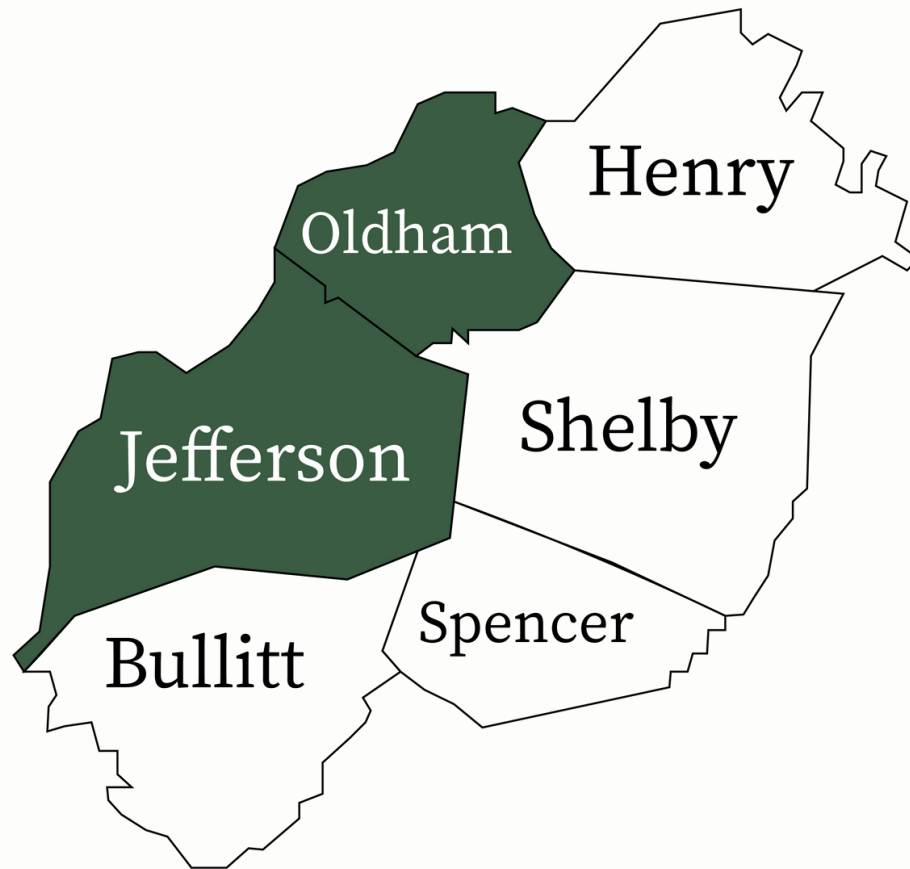
What We Can't Do:

- Administer medications
- Lift more than 25 lbs.
- Clip finger or toenails
- Interpret vital signs or glucose levels
- Provide sterile wound care
- Provide medical advice or opinions
- Give injections or suction a mouth
- Change or adjust oxygen
- Perform physical therapy
- Give a full-body massage
- Perform tube/intravenous feedings
- Provide infusion therapy
- Bill paying or financial transactions



Serving Jefferson & Oldham Counties
(502) 963-3778 | www.homeinstead.com/269

Care you Deserve in the Home you Love



Enhancing the lives of aging adults and their families.



Our offices serve Jefferson and Oldham Counties.
Contact us to learn more!

(502) 963-3778

Local Care. Local Impact. Be Part of It!

Whether it's helping a senior stay safe at home or offering companionship to someone who needs it most, your work has a real impact in our local neighborhoods. This is more than a job. It's a calling—and it starts right here in your own community. Visit our website at www.homeinstead.com/269 to apply today!