CaregiverStress.com®
Your 24-hr. connection to support and resources for the family caregiver.
Here you’ll find:
• Educational Information
• Supporting Videos
• A Caregiver Distress Assessment
• Home Safety Checklist
• Expert Advice

HelpforAlzheimersFamilies.com
The go-to website for families impacted by Alzheimer’s or other dementias.
Here you’ll find:
• In-depth Learning Resources
• Family Caregiver Training
• A Network of Support
• Live Chats with Alzheimer's and Caregiving Experts
• Tools to Locate Service Providers in Your Area

Each Home Instead Senior Care® franchise office is independently owned and operated.
© 2015 Home Instead, Inc.
Home Instead CAREGivers can provide a variety of services. Some include:

**Companionship and Home Helper**
- Meal Preparation
- Medication Reminders
- Accompany to Doctor Visits
- Grocery Shopping
- Laundry and Linens
- Light Housekeeping
- Socializing

**Personal Services**
- Bathing
- Dressing
- Incontinence Care
- Mobility Assistance

**Alzheimer’s or Other Dementias**
- Minimizing Behavioral Symptoms
- Encouraging Engagement
- Keeping the Person Safe
- Supporting the Family

**Transitional Care Services**
- Incidental Transportation
- Prescription Pick-up
- Hospital Discharge Assistance

**Hospice Support**
- Supplemental Support Services
- Respite for Family Members

You can’t always be there. **But we can.**

You are putting your trust in us, and we understand that. Your loved one’s care is your biggest concern. Each of our Home Instead® CAREGivers™ exemplifies our values of compassion, confidence and expertise.

Our commitment to quality in-home care begins with the unique CAREGiver training program we utilize. This comprehensive educational experience equips our CAREGivers to provide individualized care to every person they serve. They share a deep passion for delivering valuable home care to your family.

From companionship to Alzheimer’s care, our Home Instead Senior Care office can help.

A panel of experts, from geriatricians to practitioners, have worked with our network to develop content and enhance our Alzheimer’s and Other Dementias CARE: Changing Aging Through Research and Education® training program.