

- Rent & Play Movies
- Plan Visits, Outings & Trips
- Visit Friends
- Read Religious Materials
- Maintain Calendar
- Maintain Family Scrapbook
- Record Family History

### Home Helper Services

- Provide Light Housekeeping
- Assist with Laundry & Ironing
- Take Out Garbage
- Change Linens
- Plan, Prepare & Clean-Up Meals
- Make Beds
- Dust Furniture
- Drop-Off & Pick-up Dry Cleaning
- Pick-up Prescriptions
- Organize & Clean Closets
- Assist with Pet Care
- Prepare Future Meals
- Care for Alzheimer's Disease
- Attend Club Meetings & Sporting Events
- Escort to Appointments
- Accompany to Lunch or Dinner
- Escort for Shopping & Errands
- Attend Plays & Concerts
- Escort to Religious Services
- Help with Airport Tasks

Services may vary by individual Home Instead Senior Care franchise office location.

Let us help you today.



### CAREGiver Services

There are a variety of services your Home Instead CAREGiver<sup>SM</sup> can provide. As your relationship with Home Instead Senior Care<sup>®</sup> grows, your list of services will expand or contract to include those things that best suit your interests, activities and needs.

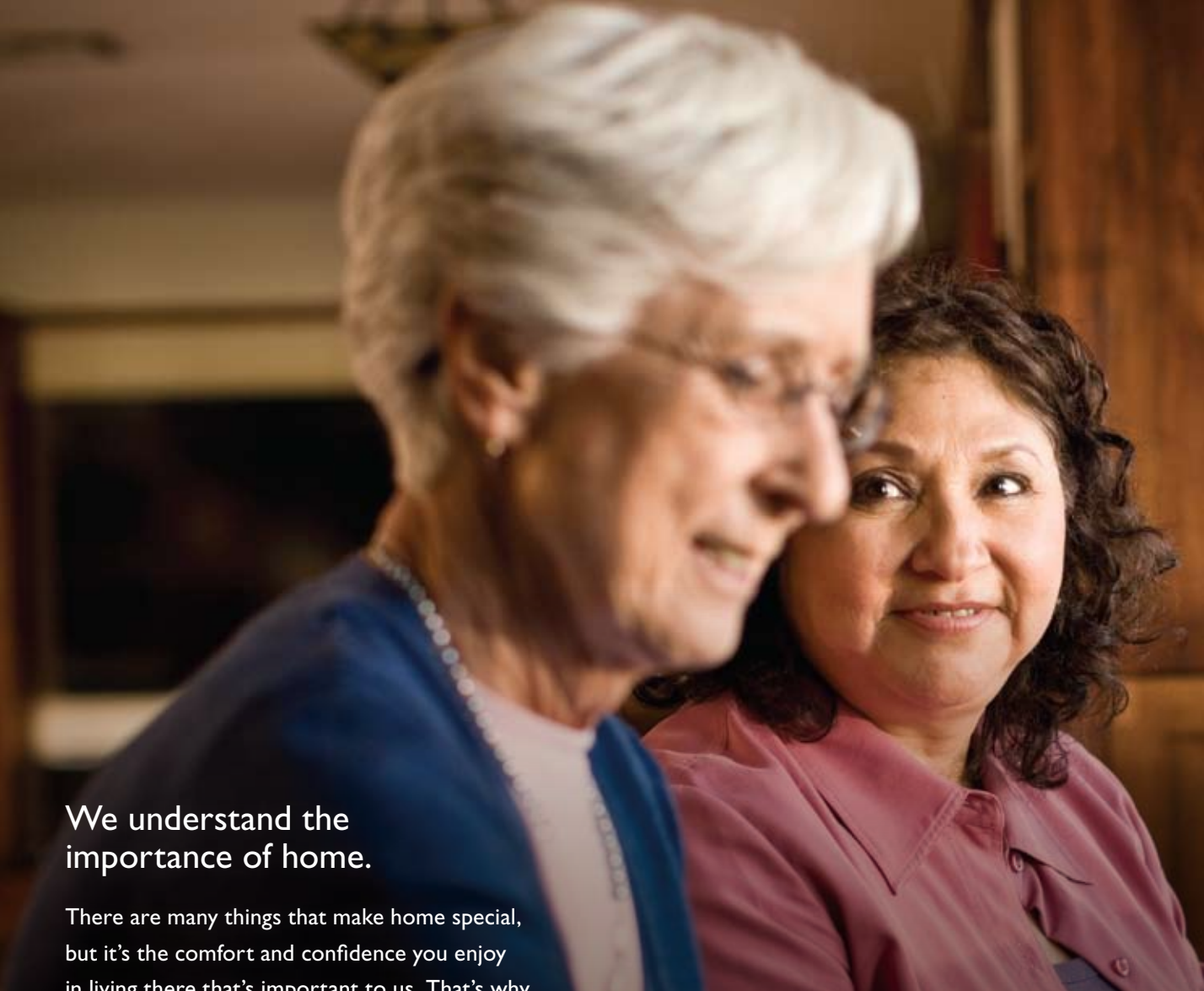
### Companionship Services

- Offer Companionship & Conversation
- Provide Respite Care
- Monitor Diet & Eating
- Check Food Expirations
- Assist with Evening & Tuck-In
- Help with Morning & Wake-Up
- Arrange Appointments
- Provide Medication Reminders
- Aid with Reading
- Assist with Walking
- Write Letters & Correspondence
- Organize Mail
- Stimulate Mental Awareness
- Assist with Entertaining
- Answer the Door
- Reminisce about the Past
- Assist with Clothing Selection
- Care for Houseplants
- Provide Reminders for Appointments
- Discuss Current & Historical Events
- Participate in Crafts
- Play Games & Cards
- Record & Arrange Recipes
- Oversee Home Deliveries
- Supervise Home Maintenance
- Prepare Grocery Lists
- Clip Coupons for Shopping
- Monitor TV Usage
- Mail Bills & Letters
- Buy Magazines, Papers, Books



Because of Home Instead  
I'm where I want to be.

Each Home Instead Senior Care<sup>®</sup> franchise office is independently owned and operated.  
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## We understand the importance of home.

There are many things that make home special, but it's the comfort and confidence you enjoy in living there that's important to us. That's why your local Home Instead Senior Care office provides assistance with those daily activities that aren't as easy for you as they used to be, so you may continue to live in your own home.

Every day, we help thousands of families one-on-one just like yours all across the world. We do this by supporting a network of locally owned and operated franchises that are led by individuals who live, work and have a desire to impact aging related issues in their community.



## It's in our genes.

Home Instead Senior Care was founded in 1994 because of one family's experience in caring for their grandmother, Eleanor Manhart. Even though the extended family numbered 50, they still found it challenging to juggle the family caregiving schedule. This experience sparked the desire in one of Mrs. Manhart's grandsons and his wife to help other families just like theirs. And that desire to help others soon became a service to help others stay Home Instead.

## Training & Education

It's a passionate dedication to serving people that sets Home Instead CAREGivers apart. CAREGivers complete a thorough, multi-phased training program that helps them become extraordinary home care professionals. So, you can rest assured they'll know how to respond to situations unique to their work – such as managing the challenges of memory loss. And, to ensure the relationship with your CAREGiver is meeting your expectations, you can expect your local office to conduct periodic quality assurance visits to your home.

“There is a feeling of **assurance** that the person you love and care for is being taken care of in your absence. That's what Home Instead does. My aunt hates to see her CAREGivers go. There are times she probably would like to see them more than me.”

Ryan K., client's nephew

## Personalized care, a personal touch.

Whether you're looking for someone to help just a few hours a week, or need more comprehensive 24-hour assistance, your local Home Instead office provides CAREGivers who are:

- Thoroughly Screened
- Extensively Trained
- Insured & Bonded
- Matched to Your Preferences
- Professional
- Reliable
- Dependable

And because they are employees of the franchise office, you do not have to worry about scheduling, taxes, insurance or workers' compensation responsibilities.

Home Instead CAREGivers are committed to understanding you on an individual and personal level, to learn about your current needs and anticipate future ones so they may be addressed ahead of time.

## To you, it's finding a trusted solution. To us, it's personal.

With so many options to consider, we understand how overwhelming this decision may feel. We have a long history of quality care and personal experience that we would love to share with you. A quick phone call or a visit to [homeinstead.com](http://homeinstead.com) can get you started on the right path as you begin considering your options. Setting up a free one-on-one consultation is the perfect opportunity to discuss care options, learn about Home Instead CAREGivers and start moving toward a solution that is best for you.