

# SIBLING COMMUNICATION: THE 50-50 RULE<sup>SM</sup>

CARING FOR YOUR PARENTS: EDUCATION FOR THE FAMILY CAREGIVER®

**Is the responsibility of caring for your aging parents causing a communication breakdown between you and your siblings?** Do certain topics, such as money and inheritance, set off highly emotional family discussions? Are you looking for strategies and resources to help you and your siblings communicate more effectively, in order to provide the best care for your parents?

## This workshop will help you:

- Find out about The 50-50 Rule
- Learn about the hot button topics that often cause emotional discussions within a family
- Get tips and checklists to help siblings cope with the demands of family caregiving
- Discover resources that can help avoid or overcome sibling conflicts

## Don't miss this opportunity!

**Wednesday – 2.15.12 – 7:30pm**

Senior Solution Center  
109 Main Street, Succasunna  
(next to the Roxbury Library)

OR

**Thursday – 2.23.12- 7:30pm**

Morris County Office of the  
United Way of Northern New Jersey Suite 301  
222 Ridgedale Avenue, Cedar Knolls

**RSVP Required to Reserve Your Spot**

**973-970-9250**



"I'm the youngest of three siblings and the primary caregiver for my 83-year old mother. My brother and sister live far away, they don't understand what I'm going through, and I'm feeling so overwhelmed. How can I get my siblings more involved so we can all share the responsibility of caring for our mom?"

**Home  
Instead**  
**SENIOR CARE®**

*To us, it's personal.®*

[HomeInstead.com/322](http://HomeInstead.com/322)