



## **PRESS RELEASE 9/21/09**

**Title:** LiveSmart Eldercare

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**Publisher:** NLightened llc  
Los Altos, California

**ISBN-13:** 978-1-61584-587-3

**Price:** \$49.95

**Format:** Hardcover Spiral with pockets - 143 pages

### **Description:**

Our flagship product is the LiveSmart Eldercare Guide, designed to assist caregivers and their families in making lifestyle decisions and transitions. This dynamic and user-friendly management system is significantly different from its competition, both in format and content. Its informative text helps the caregiver and the senior to understand and manage all the issues of caregiving and to GetSmart, PlanSmart and LiveSmart. Other distinguishing hallmarks include Information Cards and Assessments, which allow the reader to identify, gather and organize personal records and to understand their own personal caregiving situation and how to handle it.

Our book and attendant services are designed for adults with aging parents who need support services to manage their own lives well and to help their seniors remain as independent as possible for as long as possible.

### About the Authors:

Linda Conover and John Jenkins are siblings who have dedicated the last five years to caring for dependent parents. Their father suffers from fronto-temporal dementia and their mother has Parkinson's disease with Louey body dementia. In June 2007, Linda and John made the decision to develop an eldercare guide and website to take the mystery and stress out of eldercare for the caregiver, aging parents, relatives and friends. Linda and John are dedicated to providing other caregivers with timely information via their LiveSmart Eldercare Guide and quality related products that they have themselves found helpful in making daily life easier and more enjoyable for both the caregiver and recipient.

Linda Conover is an educator and presenter with an MA in Educational Psychology.



John Jenkins is a banker, business consultant, and entrepreneur.



**Website:** [www.LiveSmartEldercare.com](http://www.LiveSmartEldercare.com)

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